cadre21

Au coeur de votre stratégie #DevProf

cadre21.org

Preuve et attestation de développement professionnel

Adopting the Comprehensive Intervention Approach Proposed in the ÉKIP Reference Framework 1 - Explorateur



Description:

The “Explorateur” level presents the foundations of the ÉKIP reference framework and the relevance of using the Knowledge to be acquired by grade level information sheets to develop and implement the integrated health promotion and prevention actions in schools. This level must be completed before the “Architecte” level.

Badge attribué à : Christian Doyon Lessard
https://www.cadre21.org/membres/9abe87ba0a2a1e1036b8c33a

Date d'obtention : 2026-03-11 13:02:53

Preuve et attestation de développement professionnel

Adopting the Comprehensive Intervention Approach Proposed in the ÉKIP Reference Framework 1 - Explorateur

Question 1 - What have I taken away from the information covered in this training?

First of all that it is important to make sure you target compentencies that students are mature enough to develop.
It also confirmed for me that as a teacher, I have a great role to play in the safety of my students both on a physycal level, but also very importantly on a psychological level.
Lots of resources are available for the planning of actions. I really appreciate the chart "Actions in Young People's Living Environment" that provides many concrete examples.

Question 2 - What elements seem the most relevant and realistic to implement to optimize my practices?

Making sure that my school is a welcoming environment for all the students, which is something I think I already do to a certain degree. I try to make the environment safe by applying safety rules, I am welcoming students with a nice attitude.
We developped a project with colleagues to have students share in the community (we prepare "dry soups" with students that only require water to complete and give them to a community center, we do cleaning "corvée" of parcs around the school). These actions also make students aware of resources that they can use if their families are in need (community centers for food for example)
I think that the biggest challenge to optimize my practices would be to have the school, families and community all involved at the same time.

Question 3 - How can adopting the ÉKIP reference framework in my practice (e.g. by consulting it regularly, applying its principles) have a positive impact on the health, well-being and educational success of young people?

Of course it will help students knowing themselves better, giving them ressources not only for their life as students, but also to become well functionning members of our society.
It will help me become a better guide since I will be more aware of which skills should be targeted based on their development level.
It also gives good resources to plan effectively the various steps of intervention.
As I said in the first question, looking at the chart "Actions in Young People's Living Environment" gives lots of concrete examples that will definetly influence the well being of my students. Looking at the cart helps me remembering that small actions can also have a big impact on students.