

Preuve et attestation de développement professionnel

Sexto response kit 2 - Architecte



Description:

For legal reasons, the use of the SEXTO kit is reserved exclusively for Quebec's education sector personnel. In addition, its use must be the subject of a prior agreement between the police force that serves the territory where the school is located and the Director of Criminal and Penal Prosecutions (DCPP). Please note that an attestation badge will only be attributed to personnel at education institutions in a territory where such an agreement has been concluded. Before completing the training program, it is therefore recommended that you validate this information with your superiors or your police force...

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<https://www.cadre21.org/membres/35179d9054c208bea2b35f3d>

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Question 1 - How can I summarize the steps of the Sexto method?

I see the SEXTO method as a step-by-step de-escalation and legal safety framework for handling crisis moments involving intimate images. It breaks down into six clear phases:

Situate: Instantly taking control of the crisis, stopping the spread, and isolating the student to provide a secure environment.

Express: Creating a non-judgmental space where the student can express their emotions, while clearly outlining the serious nature of the situation

X-ray: Fact-finding and assessing the immediate damage using the Incident Evaluation Grid without looking at the explicit material ourselves.

Target: Identifying the legal boundaries (Criminal Code) and school rules that were breached, establishing what is non-negotiable.

Offer: Laying out the immediate psychosocial support for the victim or the corrective, structured next steps for the distributor.

Optimize: Following up with the students involved, looping in parents, and tracking their well-being to ensure long-term recovery and safety.

Question 2 - What have I learned from the three situations presented?

The victim needs protection, not shaming: The creator of the image is often terrified and deeply traumatised. Our first job is psychological first aid and making sure they know they are the victim, not a criminal.

Intention vs. Impact for distributors: Many students forward images out of a desire for social clout without realizing they are committing a serious criminal offence. We have to separate the student from the behavior, enforcing strict legal boundaries while keeping it an educational turning point.

The bystander effect is real: Passive witnesses hold a lot of power. I learned that we need to actively empower bystanders to report incidents early.



Au coeur de votre stratégie #DevProf

Question 3 - Which step do I find the most delicate when applying the Sexto method?

For me, the Analysis phase is definitely the most delicate to navigate in a high school setting. When a panicked student is in my office, trying to extract the raw facts—who has the photo, what platforms it was sent on, and who else saw it—requires immense clinical tact. I have to balance the urgent need for accurate data to stop the digital spread with the need to keep the student calm and trusting. It is an incredibly fine line between conducting a necessary administrative assessment and maintaining the therapeutic alliance so the student doesn't shut down.