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Preuve et attestation de développement professionnel

Sexto response kit 2 – Architecte

Description:

For legal reasons, the use of the SEXTO kit is reserved exclusively for Quebec's education sector personnel. In addition, its use must be the subject of a prior agreement between the police force that serves the territory where the school is located and the Director of Criminal and Penal Prosecutions (DCPP). Please note that an attestation badge will only be attributed to personnel at education institutions in a territory where such an agreement has been concluded. Before completing the training program, it is therefore recommended that you validate this information with your superiors or your police force...

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Question 1 - How can I summarize the steps of the Sexto method?

Reception and Observation:
Gather all the information available (who, what, when, where).
Pay attention to the student's emotional state, urgency of the situation, and context.

Validation of the Situation:
Confirm the facts and verify the seriousness of the case.
Distinguish between a risky situation (e.g., sharing intimate content) and one that can be managed at the school level.

Immediate Safety and Containment:
Ensure the student's safety (emotional and physical).
Prevent further sharing or escalation by intervening quickly (limit access, supervise, etc.).

Support and Listening:
Offer the student a safe, non-judgmental space to talk.
Validate their emotions, normalize their reactions, and reassure them.

Application of the Sexto Checklist:
Use the structured tool to guide intervention:
Protect the young person.
Document the situation factually.
Inform the right authorities/partners (school, police, parents, etc.).
Establish a clear intervention plan.

Collaboration with Partners:
Work with police officers, teachers, parents, or psychosocial resources as needed.
Make sure the responsibility is shared and the process is consistent.

Follow-up and Prevention:
Monitor the student in the days/weeks after the incident.
Provide preventive education to the student and to the larger group on sexting, digital footprints, and safe use of technology.

Question 2 - What have I learned from the three situations presented?

I learned that each situation requires adapting the Sexto method with flexibility: to quickly secure the student, to validate facts without judgment, and to involve the right partners. I also realized how important prevention and follow-up are to reduce long-term impacts.

Question 3 - Which step do I find the most delicate when applying the Sexto method?

The most delicate step for me is validating the facts, because it requires asking the right questions without making the student feel judged or guilty, while still being precise enough to understand the seriousness of the situation.