

Preuve et attestation de développement professionnel

Sexto response kit 1 - Explorateur



Description:

For legal reasons, the use of the SEXTO kit is reserved exclusively for Quebec's education sector personnel. In addition, its use must be the subject of a prior agreement between the police force that serves the territory where the school is located and the Director of Criminal and Penal Prosecutions (DCPP). Please note that an attestation badge will only be attributed to personnel at education institutions in a territory where such an agreement has been concluded. Before completing the training program, it is therefore recommended that you validate this information with your superiors or your police force...

Badge attribué à : Seraiah Winsborrow

<https://www.cadre21.org/membres/a90422f75c041d98a8300f41>

Date d'obtention : 2026-10-05 19:32:31

Preuve et attestation de développement professionnel

Sexto response kit 1 - Explorateur

Question 1 - What have I learned from the Sexto intervention method?

The Sexto training made me realize just how important it is to have a clear process when dealing with something as sensitive as sexting. Working in a high school, I know that students come to staff members with situations that are difficult, embarrassing or stressful and I think it is so easy to react quickly without necessarily knowing what the next best step is. The training showed me that I do not have to figure out everything on my own. There is a specific process that helps guide the intervention and determine how serious the situation really is.

One of the biggest things I learned was that I should never ask to see the images. Before this training, I did not fully understand why this was so important. I now understand that the information gathered from the student is enough to assess the situation and that not viewing images protects the student's privacy and integrity.

I also learned the importance of distinguishing between an impulsive act and a malicious act. This changes how the situation needs to be handled and when the police need to be involved. I appreciated learning that the Sexto approach is not simply about punishing students. It is also about educating, taking accountability and supporting students involved, while considering their age.

As someone working closely with teenagers, I think this is an important distinction. My role is to help students learn from difficult situations while also making sure that they are safe and supported at all times.

Question 2 - What will this training change in my future interventions?

This training will definitely change how I respond if a student comes to me with a sexting situation. As a Head Teacher, I am often one of the people students or staff may come to when something serious happens at school. Because of that, I think it is important that I am able to stay calm and know what my role is instead of reacting immediately.

The biggest change for me will be making sure that I follow the Sexto process rather than trying to investigate the situation myself. I now understand that I should not ask students to show me images, search through their phones or try to get them to admit what happened. Instead, I need to gather the appropriate information through the incident evaluation process and determine what type of situation I am dealing with,

I also have a better understanding of when the situation needs to be transferred to the police. In particular, if I believe that I am dealing with a malicious act, I should not continue questioning the student. This was important for me to learn because as an educator, my instinct might be to ask more questions so that I can understand everything that happened. I now understand that there is a point where it is no longer my role to investigate.

Most importantly, I think this training will help me be more confident when dealing with difficult situations. I can focus on supporting the student and following the appropriate procedure instead of feeling like I have to solve the entire situation myself.

Question 3 – What will be my focus with the students when I have to intervene?

My main focus when intervening with a student will be making sure that they feel safe enough to talk to me honestly. In my experience working with teenagers, I know that students do not always feel comfortable coming to an adult when they are embarrassed or worried about getting in trouble. If my first reaction is judgment or anger, the student may shut down and be less likely to ask for help in the future.

I want my approach to be calm and supportive while making it clear that sexting can have serious consequences. I will focus on listening to the student and understanding what happened without making assumptions. I also want to make sure that I am not asking questions simply out of curiosity. I will ask what is necessary for the Sexto intervention process and respect the student's privacy.

Some things I could say are:

- "Thank you for coming to talk to me"
- "I'm not here to judge you"
- "You don't have to show me the pictures"
- "I'm going to follow the Sexto process so that we can handle this properly"
- "You're not alone in dealing with this"
- "I may need to involve other people whose role is to help with this situation"
- "Let's take this one step at a time"

I think my biggest focus will be finding the balance between support and accountability. I want students to understand the seriousness of what happened without making them feel like they cannot come to an adult for help. Ultimately, I want my intervention to protect the students involved while also helping them learn from the situation.