

Preuve et attestation de développement professionnel

Sexto response kit 1 - Explorateur



Description:

For legal reasons, the use of the SEXTO kit is reserved exclusively for Quebec's education sector personnel. In addition, its use must be the subject of a prior agreement between the police force that serves the territory where the school is located and the Director of Criminal and Penal Prosecutions (DCPP). Please note that an attestation badge will only be attributed to personnel at education institutions in a territory where such an agreement has been concluded. Before completing the training program, it is therefore recommended that you validate this information with your superiors or your police force...

Badge attribué à : Suzanne Laporte

<https://www.cadre21.org/membres/35179d9054c208bea2b35f3d>

Date d'obtention : 2026-08-28 18:46:03

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Question 1 - What have I learned from the Sexto intervention method?

Through the SEXTO intervention method, I have learned how to better navigate the delicate balance between supporting a student in crisis and maintaining strict protocol boundaries. The framework offers a clear roadmap that moves us away from reactive punishments or victim-blaming, focusing instead on immediate risk assessment and containing the spread of intimate images to protect the youth's well-being. Most importantly, it clarified my boundaries as a counselor by drawing a sharp line between a supportive, internal school triage and a formal police investigation. It reinforced that while my job is to act quickly to secure a safe space and preserve evidence, I must never cross into interrogating students, ensuring that legal processes are respected while preserving the therapeutic alliance with the youth.

Question 2 - What will this training change in my future interventions?

In my future interventions, this training will eliminate guesswork that usually comes with handling a digital crisis. Instead of panicking or trying to fix everything myself, I now have a reliable, step-by-step roadmap to de-escalate the situation while keeping the student's emotional well-being at the center. It reshapes my approach from acting as an informal investigator to acting as a steady, objective first responder who knows how to contain the damage and support the victim without compromising legal processes. Moving forward, I will be able to set much healthier professional boundaries, knowing precisely when an incident can be resolved through supportive, educational measures at school and the exact moment it needs to be handed over to administration or law enforcement.

Question 3 - What will be my focus with the students when I have to intervene?

My primary focus when intervening will be on de-escalation, immediate emotional containment, and mitigating further harm to the student. Instead of getting bogged down in trying to figure out every single detail of what happened, I will focus entirely on stabilizing the youth in crisis, ensuring they feel safe, and mapping out exactly where the images went so we can stop them from spreading. I will also place a strong emphasis on maintaining a non-judgmental, transparent space where the student understands the steps we are taking, while strictly respecting my professional boundaries by avoiding any form of interrogation.



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