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Preuve et attestation de développement professionnel

Sexto response kit 1 - Explorateur



Description:

For legal reasons, the use of the SEXTO kit is reserved exclusively for Quebec's education sector personnel. In addition, its use must be the subject of a prior agreement between the police force that serves the territory where the school is located and the Director of Criminal and Penal Prosecutions (DCPP). Please note that an attestation badge will only be attributed to personnel at education institutions in a territory where such an agreement has been concluded. Before completing the training program, it is therefore recommended that you validate this information with your superiors or your police force...

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https://www.cadre21.org/membres/86d471a1e5c2b35955e50122

Date d'obtention : 2026-03-28 13:16:23

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Question 1 - What have I learned from the Sexto intervention method?

Through the Sexto intervention method, I have learned how to respond to situations of sexting in a structured, professional, and legally appropriate way, while always prioritizing the safety, well-being, and dignity of students. I understand that sexting refers to the production, sharing, and redistribution of sexual images or videos between adolescents using digital technologies, and that even though it may seem common, it can have serious legal, emotional, and social consequences. I have also learned that many young people do not fully realize that these behaviours can be criminal offences, which highlights the importance of proper intervention and education.

A key learning for me is the importance of using the Sexto response kit and following a standardized intervention process. This tool allows me to act quickly and consistently, while helping to limit the spread of intimate images, support students, and guide parents. The incident evaluation grid is essential in this process. I have learned to complete it carefully with each student, in order to assess: the trigger (context of the situation), the nature of the content (without ever viewing images), the intentions of those involved, the scope of distribution and the type of involvement. This evaluation helps me determine whether the situation is impulsive or malicious and guides the appropriate next steps.

I have also learned that I must never consult or ask to view any images or videos, as this is illegal and could constitute an offence related to child pornography, in addition to breaking the trust of the student.

Another important learning is understanding the difference between: Impulsive acts, which are more common and often handled through an educational approach, such as a Sexto education meeting and Malicious acts, which involve harmful intent and require immediate police intervention.

I understand that my role as an intervener is not to act as police, but rather to support, guide, and protect students while following the Sexto protocol. This includes meeting students individually, maintaining confidentiality, acting with empathy, neutrality, and professionalism, completing one grid per student involved and involving the police and DPCP when necessary. I have also learned the importance of collaboration between the school, police services, and the DPCP to ensure an appropriate and effective response.

Finally, I understand that the Sexto method promotes a rapid, preventive, and educational approach, which helps reduce the spread of images, protect victims, avoid unnecessary judicial consequences when possible and increase the sense of safety for students, parents, and staff.

Overall, this method has given me the tools to intervene confidently, safely, and in a way that respects both the law and the students involved.

Question 2 - What will this training change in my future interventions?

This training will significantly change the way I approach and manage situations involving sexting by ensuring that my interventions are structured, standardized, consistent, and aligned with legal requirements. I will systematically use the Sexto response kit and follow its steps.
I will also be more confident in using the incident evaluation grid, which will help me assess situations objectively by focusing on the trigger, nature, intentions, and scope of the incident. This will guide my decisions and help me determine whether a situation is impulsive or malicious, and therefore what type of intervention is required.
It is also noted that I must never view or attempt to view any sexual images or videos, as this is illegal and goes against the Sexto protocol. I will continue to rely entirely on the information gathered through discussion and the evaluation process.
This training also reinforces the importance of:
• acting quickly to limit the spread of images
• maintaining confidentiality and protecting students' identities
• approaching students with empathy, respect, and without judgment
• ensuring that students feel safe to speak openly
I will also understand when to involve the police, especially in cases involving malicious intent or recidivism, and I will know when to continue with an educational approach instead.
Additionally, this training will help me feel more confident in my role by reminding me that I am part of a collaborative system involving the school, police, and the DPCP, rather than working alone.
Overall, this training will improve the quality of my interventions by making them more effective, legally sound, and focused on the well-being of students, while also helping prevent harm and reduce the consequences of sexting situations.

Question 3 – What will be my focus with the students when I have to intervene?

When I intervene with students in a sexting situation, my focus will be on creating a safe, respectful, and non-judgmental environment so the student feels comfortable sharing information. I will approach each situation with empathy, neutrality, and professionalism, to build trust and ensure that the student can speak openly.

A key focus will be on the student's well-being, safety, and protection, as well as limiting harm and preventing the further spread of intimate images. I will prioritize confidentiality and only share information with the appropriate individuals involved in the Sexto process. I will rely on the Sexto response kit and the incident evaluation grid, which is essential to guide my intervention. The grid allows me to gather accurate information by identifying the trigger, nature of the content, intentions of the individuals involved, and the scope of distribution—all without ever having to view any images or videos. This ensures that I respect the law, maintain the student's integrity, and avoid any actions that could be illegal or harmful. By using the grid, I will be able to objectively assess the situation and determine whether it is an impulsive act or a malicious act, which is crucial in deciding the appropriate course of action.

My focus will also be on educating and guiding the student, helping them understand the legal, social, and psychological consequences of sexting, while encouraging responsible digital behaviour.

Finally, I will ensure that I act according to the Sexto protocol by working in collaboration with the school, parents, and police services, while always keeping the student's best interests at the center of my intervention. This structured approach is essential to ensure effective, safe, and legally compliant interventions.