

## Preuve et attestation de développement professionnel

### Sexto response kit 1 - Explorateur



#### Description:

For legal reasons, the use of the SEXTO kit is reserved exclusively for Quebec's education sector personnel. In addition, its use must be the subject of a prior agreement between the police force that serves the territory where the school is located and the Director of Criminal and Penal Prosecutions (DCPP). Please note that an attestation badge will only be attributed to personnel at education institutions in a territory where such an agreement has been concluded. Before completing the training program, it is therefore recommended that you validate this information with your superiors or your police force. This training program is designed to equip education sector personnel to act quickly and efficiently with the students in their institution who are involved in a sexting situation. Sexting among teenagers can be defined as the shared production, distribution, and redistribution of sexual content (photos, videos, etc.) via information and communication technologies. At the end of the Explorer level of this training program, you will be able to understand the phenomenon and guide those involved in the management of cases that could be brought to their attention through an intervention tool, namely the Sexto kit. At the Architect level, through interactive organized activities, you will be presented with three fictional cases of sexting in order to consolidate new learning and validate your interventions. The creation of the Sexto kit was made possible thanks to the collaboration of the City of Saint-Jérôme (Quebec), the Director of Criminal and Penal Prosecutions (DCPP), the Canadian Centre for Child Protection, the Crime Victims Assistance Centre (CAVAC), Commission scolaire de la Rivière-du-Nord, and Académie Lafontaine. The Sexto Kit training program was developed by CADRE21 and carried out thanks to the participation of Fédération des établissements d'enseignements privés (FEEP) and funding from the ministère de l'Éducation et de l'enseignement supérieur (Quebec ministry of education and higher education, or MÉES).

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Question 1 - What have I learned from the Sexto intervention method?

What I've learned from the Sexto intervention method is that I can play a key role in protecting students without having to put myself or them at risk by viewing images. The kit gives me a clear process to follow so that I know how to respond calmly and efficiently.

I've realized how powerful it is to have a standard, collaborative approach, because everyone (school staff, parents, police) feels more secure when they know the steps are clear. I've also learned that quick action really makes a difference: instead of a long, stressful process, the method helps resolve cases in just a few days.

Also, I learned that my role is to be a safe and trusted adult for students, someone who supports them while working hand in hand with the proper authorities.

Question 2 - What will this training change in my future interventions?

This training will allow me to intervene more confidently and effectively by following a clear, standardized method. I will know how to protect students without viewing harmful material, how to collaborate with police and the DPCP, and how to ensure quick, consistent support for victims.

Question 3 - What will be my focus with the students when I have to intervene?

When I intervene, my focus will be to protect the students' well-being, support the victim, and prevent further harm. I will provide a safe space to talk, explain the consequences clearly, and help them take responsibility while feeling supported.