

## Preuve et attestation de développement professionnel

### Sexto response kit 1 - Explorateur



#### Description:

For legal reasons, the use of the SEXTO kit is reserved exclusively for Quebec's education sector personnel. In addition, its use must be the subject of a prior agreement between the police force that serves the territory where the school is located and the Director of Criminal and Penal Prosecutions (DCPP). Please note that an attestation badge will only be attributed to personnel at education institutions in a territory where such an agreement has been concluded. Before completing the training program, it is therefore recommended that you validate this information with your superiors or your police force. This training program is designed to equip education sector personnel to act quickly and efficiently with the students in their institution who are involved in a sexting situation. Sexting among teenagers can be defined as the shared production, distribution, and redistribution of sexual content (photos, videos, etc.) via information and communication technologies. At the end of the Explorer level of this training program, you will be able to understand the phenomenon and guide those involved in the management of cases that could be brought to their attention through an intervention tool, namely the Sexto kit. At the Architect level, through interactive organized activities, you will be presented with three fictional cases of sexting in order to consolidate new learning and validate your interventions. The creation of the Sexto kit was made possible thanks to the collaboration of the City of Saint-Jérôme (Quebec), the Director of Criminal and Penal Prosecutions (DCPP), the Canadian Centre for Child Protection, the Crime Victims Assistance Centre (CAVAC), Commission scolaire de la Rivière-du-Nord, and Académie Lafontaine. The Sexto Kit training program was developed by CADRE21 and carried out thanks to the participation of Fédération des établissements d'enseignements privés (FEEP) and funding from the ministère de l'Éducation et de l'enseignement supérieur (Quebec ministry of education and higher education, or MÉES).

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Question 1 - What have I learned from the Sexto intervention method?

I have learned that the Sexto intervention has been very successful in resolving the sexting incidents within about 4 days, while in the past it may have gone on for months. Most significantly it has been shown to reduce the risk of dissemination of intimate images. It reduces the impact of mental health related problems among our youth. It takes more of an educational approach to the problem rather than a punitive one, depending on the findings of the intervention.

Question 2 - What will this training change in my future interventions?

I now know how to question the youth involved much better while I collect the most relevant information in a more concise manner with the kit. I better understand the procedure of when and how to confiscate the electronic devices involved. I also understand the general process of when to contact my supervisor and/or the police. Most importantly, I better understand the laws related to sexting.

Question 3 - What will be my focus with the students when I have to intervene?

My main focus will be to make sure the student(s) well-being is taken care of as I explain the intervention process. I will let them know that the intervention is dealt with in the most confidential manner, and in many cases takes more of an educational approach then simply a punitive approach.